

Deer Meadow Academy; Programs of Excellence

Philosophy: When students are engaged in learning something they are passionate about, they achieve their full potential and love learning.

Academy Foundation Principles: Programs of Excellence require that students achieve and maintain high standards to remain in the academies. Academies offered will be based on student choice; only viable programs will be offered. Students unable or unwilling to put forth the effort required to remain in an academy may be enrolled in an alternate academy after consultation with parents at the discretion of school administration.

Academy Streams/ Programs of Excellence: Academies will fall under 3 major categories: Student Leadership Academy, Fine Arts and Languages Academy, and Sports Academy.

- Student Leadership Academy: Focus will include: fundamental study skills, student leadership projects (community legacy opportunities), community involvement (adopt a street, seniors web surfing, food bank drives), resiliency, school climate initiatives (organizing assemblies, spirit days, intramurals, composting, recycling), school communications media (newspaper/newsletter, video arts, morning announcements), student council, global citizenship (organizing charity initiatives, awareness of issues). Partnership opportunities with Olds High School Student Leadership and Olds College will be explored.
- Fine Arts and Languages Academy: Offerings may include: Band (traditional woodwind and brass), Jazz Band, Guitar, Choir, STOMP (percussion performance art), Theatre Arts, Visual Arts (painting, sketching, sculpture), French, and Spanish (when staffing allows).
- Sports Academy: All students will receive instruction and training in the foundations of athletics. Core strength training, agility training, and training principles will be taught and continuously addressed. Sports psychology, ethics and nutrition will also be part of the general sports academy program. While primary instruction will come from Deer Meadow professional staff, partnerships will be explored with various community athletic organizations (Olds Grizzlys, Olds College, Red Deer College) to take advantage of their expertise. Academies may be offered in the following areas: Hockey, Volleyball, Basketball, Soccer, Softball/Baseball. Other offerings may be explored should there be student interest or qualified staff.

Costs: Tuition will be charged on the principle of cost recovery, with some programs costing more (hockey-\$100/yr) than others.

Transportation: Students will be bussed to facilities off-site (arena, Community Learning Campus).

Deer Meadow Leadership Academy; Programs of Excellence

Students interested in the Leadership Academy must demonstrate skills in *organization, communications, public speaking, problem solving and taking initiative.*

Rachel's Challenge A–HORIZON

Day 3/6 Periods 6,7,8 (Mrs. Christiansen)

The goal of this class is to bring our community together through kindness and compassion. This class is dedicated to building meaningful relationships with the staff and students of Horizon school. We will be visiting their school throughout the year. This class is a whole year commitment.

Rachel's Challenge B – DMS

Day 2/5 Periods 6,7(Mrs. Christiansen)

Our goal in Rachel's Challenge is to bring our school together through kindness and compassion. To do this we talk our own ideas as well as the ideas of Rachel Scott, we write goals in our journals and plan amazing projects to promote kindness and compassion in our school as well as our community. This class is a whole year commitment.

Interact

Day 1/4 Periods 6,7(Mrs. Christiansen)

Interact is a youth group of the International Rotarians. The Rotary Club of Olds is very proud of the work this group has achieved. Our goal is to give to others – we give our time and our skills to those in need. As a class, we will brainstorm possible groups in need of what we have to offer, then work throughout the year to fulfill those needs. This class is a whole year commitment.

Yearbook

Day 3/6 Periods 6,7 (Mrs. Dixon)

Would you like a yearbook for Deer Meadow School? Do you love to take photos and work with digital software? Could you create a video memory for your graduating year? If you answered yes to these questions then please join us in the Media session of Leadership Academy!

Athletic Leadership

Day 2/5 Periods 6,7 (Mr. Clattenburg)

Our Athletic Leadership class will learn the necessary skills to help organize, promote, administer, and accumulate various athletic endeavours for all Grade 5 -8 students at Deer Meadow School (intramurals, pep-rally, sports day, tournaments).

Spirit Days

Day 3/6 Period 8 (Ms. Easton)

This leadership class is responsible for igniting school spirit by planning and organizing a wide variety of Spirit Days, activities and events throughout the school year. Brainstorming, creating work groups, designating tasks, preparing materials, promoting events, and running activities, all provide opportunity for leadership skill development and acquisition. This class requires workers – students who want to be active and involved!

Stress Busters

Day 3/6 Periods 6,7 (Mrs. Gilbreath)

If you've ever felt overwhelmed, frustrated, inadequate, tired, or stressed out by the challenges in your life, you're not alone. The goals of this program are to help you learn more about the experiences of stress, give some tips on taking care of yourself during hard times, and to offer some tools that can be used to create a great life for yourself over the long term. You will become a more resilient, stress-resistant person!

H²O = Homework Help Opportunity A & B & C& D & E

Section A: Day 1/4 Period 8 (Mrs. Gallant)

Section B: Day 2/5 Period 8 (Mrs. Gallant)

Section C: Day 1/4 Period 8 (Mrs. Christiansen)

Section D: Day 2/5 Period 8 (Mrs. Templeton)

Section E: Day 3/6 Period 8 (Mrs. Burk)

This academy is designed for busy students like you who are looking for time and/or help with their homework. It will allow you to:

- Complete assignments during school hours to free up your evenings and weekends
- Prepare for tests and quizzes
- Develop academic skills in areas of difficulty
- Feel more successful as a learner

Extreme Science

Day 2/5 Periods 6,7(Mrs. Miller)

This is the class where science is FUN. If you are interested in participating in the science fair, or the science Olympics OR if you would just like to try some cool science activities and experiments you never get to do in class... this is the class for you!

Introduction to Signing

Day 2/5 Period 8 (Mrs. Christiansen)

Want to learn ASL (American Sign Language)? This is a unique language using hands and gestures. We will learn simple phrases, finger spelling and conversational sequences. At the end of the term you will be able to hold a simple conversation with anyone else who knows ASL. ASL is a well known sign language for people who are deaf or hard of hearing, it is also a great language for friends to use when talking is not an option!

DMS Book Club

Day 1/4 Periods 6,7 (Mrs. Gilbreath)

Do you absolutely love to read? Well here's your chance! Join the Deer Meadow Book Club for the opportunity to bury yourself in novels chosen especially for you. You will be engaged in reading, group discussions, answering targeted novel questions, writing book reviews and working on final book projects. Let your mind do the exploring!

Deer Meadow Fine Arts Academy; Programs of Excellence

Students interested in the Fine Arts Academy must demonstrate skills in *music, art, French, theatre, cooking, and/or writing.*

Introduction to Guitar A & B

Section A: Day 1/4 Period 8 (Mr. Wilson)

Section B: Day 2/5 Period 8 (Mrs. Clapp)

A course designed for students without any experience on the guitar. Students will be introduced to basic music notation, strumming and chords, which will allow students to accompany themselves on many popular, easy to play songs. Guitars will be provided. Students will require a 1" binder for chord charts, song sheets and course notes.

Guitar Level 2

Day 3/6 Period 8 (Mr. Wilson)

Ever wanted to learn something new? In this class students will learn the basics of guitar. Guitars will be supplied, however, if students have their own guitar they are encouraged to bring them.

Grade 7 Band Brass & Woodwind

Brass: Day 1/4 Periods 6,7 (Mr. Wilson)

Woodwind: Day 2/5 Periods 6,7 (Mr. Wilson)

This program is the 2nd year of the middle school band program. During the grade 7 year students will be introduced to more advanced material, which requires improved technique and skill on their instrument. Requirements: a commitment to practice, to take part in the winter and spring concert, and perform in the grade 7 concert band. A student entering this course must have successfully completed grade 6 band or have a minimum of 1 year of study on his/her instrument. Students in grade 7 band will be split into woodwind (7A) or brass (7B) class. Grade 7 band is a full year course.

Grade 8 Band

Day 3/6 Periods 6,7 (Mr. Wilson)

This program is the 3rd year of the middle school band program. During the grade 8 year students will be introduced to more advanced material, which requires improved technique and skill on their instrument. Requirements: a commitment to practice, to take part in the winter and spring concert, and perform in the grade 8 concert band. A student entering this course must have successfully completed grade 7 band or have a minimum of 2 years of study on his/her instrument. Students in grade 8 band will be split into woodwind (8A) or brass (8B) class. Grade 8 is a full year course.

Jazz Band 7 & 8

Day 2/5 Period 8 (Mr. Wilson)

Students in this class will be selected from the concert band to make up a jazz band. Instruments will consist of alto/tenor/baritone saxophone, trumpets, trombones, bass guitar, piano, and drum kit. A commitment to practice and take part in performances and workshops inside and outside the school is required of all students.

ART A – Drawing & Watercolours

Day 1/4 Periods 6,7 (Mrs. Gallant)

Students in Art A will be exploring all forms of drawing. They will examine the technical methods of drawing to create three dimensional images. The use of line, shape and space will be used to create compositions. Accuracy as well as detail to shading techniques will be encouraged in this class.

Art B – Sculpture

Day 2/5 Periods 6,7 (Mrs. Gallant)

Students in Art B will be creating three dimensional pieces of art. They will explore the similarities and differences of expressions in selected cultural groups, eventually investigating the form and structure in natural and man-made objects as sources of their compositions.

Art C– Painting

Day 3/6 Periods 6,7,8 (Mrs. Gallant)

Students in Art C will be creating paintings after investigating various techniques used by artists in the past. Students will become familiar with the use of how color selection, value, light and atmosphere can reflect the mood of a painting.

Spanish Level 1 (Beginner)

Section A: Day 1/4 Period 8 (Mrs. Fitzsimmonds)

Spanish is one of the most used languages in the world and if you have never studied Spanish before this class is for you. This class is designed to help beginning Spanish students learn the basics while involving them in activities that require interactive communication with a healthy portion of Latin American culture added in.

Spanish Level 2 (Intermediate)

Section B: Day 2/5 Period 8 (Mrs. Fitzsimmonds)

Spanish is one of the most used languages in the world and if you have never studied Spanish before this class is for you. This class is designed to help intermediate Spanish students learn the basics while involving them in activities that require interactive communication with a healthy portion of Latin American culture added in.

French 7/8

French 7A: Day 3/6 Periods 6,7 (Mrs. Burk)

French 8: Day 2/5 Periods 6,7 (Mrs. Clapp)

In the grade 7 French Program of Excellence, students will explore themes such as school, people around me, weather, and holidays and celebrations. In the grade 8 program, animals, clothing, food and nutrition, and holidays and celebrations are some of the topics explored. In both programs, students will have opportunities to expand listening, speaking, reading and writing skills in the French language. Students will also investigate various aspects of French culture.

French Culinary Arts

Day 1/4 Periods 6,7,8 (Mrs. Clapp)

In this program of excellence, students will acquire and develop culinary skills such as knife techniques, flavor profiles, meal planning, food preparation, and presentation. Students will have the opportunity to taste a variety of foods and to put their learning into practice by preparing and presenting foods in various culinary styles.

Photography

Day 2/5 Period 8 (Mrs. Easton)

The focus for this course will be on creative photography; capturing visual images that each tells a story of their own. Students will need a digital camera and access to a computer. The final project will be a plaque mount picture.

Theater A - One-Act Plays

Day 1/4 Period 8 (Mrs. Gilbreath)

A One-Act play is a play that takes place in one act or scene. Students will select roles, rehearse and then perform the plays for each other. Some of the components the students will engage in are staging, blocking, movement, prop work, character development, line memorization, and verbal and listening skills.

Theater B - Theatre Sports

Day 2/5 Period 8 (Mrs. Gilbreath)

Theatre Sports is a team based improvisation competition. Opposing teams perform scenes based on audience suggestions and are then judged on a 1-5 scale by a rotating group of students. The purpose of Theatre Sports is to provide entertainment for the audience and enjoyment for the players. Students will participate in a variety of Theatre Sport activities and will gain an understanding of the various components involved.

Theatre C: Improvisation

Day 3/6 Period 8 (Mrs. Gilbreath)

Improvisation is the process of acting without a script. In this class you will have the opportunity to participate in a wide variety of activities that will help build your confidence and encourage you to be actively involved. Awareness games, movement, voice, miming, simulation games, skits and group improvising will be some of the exercises covered.

Creative Crafts

Day 2/5 Periods 6,7 (Mrs. Dixon)

Get hands-on and explore your crafty side. Create crafts to celebrate holidays and special occasions, to give as gifts, and to appreciate other cultures. We will use a variety of media including paper, paint, fabric, household items and much, MUCH more!

Car Models

Day 2/5 Periods 6,7 (Mr. Smyth)

Students will have the chance to build car models within the classroom. This is a hands-on academy that will help with fine motor skills. So if you like to build models then this is the class for you. Students will be required to supply their own models.

Interactive Dinner Theatre

Day 1/4 Periods 6,7,8 (Ms. Robinson & Ms. Easton)

Students will participate in a form of entertainment that combines a restaurant meal with a staged play or musical. Students interested in this academy will have the opportunity to choose from the following options; acting, set design, make-up, choreography, costumes, lights, sound and catering (preparing food, serving food). Students will then put on a final performance in December for our school community.

Titan Talk

Day 3/6 Periods 6,7 (Ms. Easton)

You've seen Titan TV, and now we want to create Titan Talk, a weekly or bi-weekly talk show that is dedicated to bringing our audience a hard-hitting, insightful show about hot teen topics. A large part of this academy will be research, planning, writing, and editing of special interest stories. If you are creative, love the writing process and want to dedicate yourself to creating a great show, then Titan Talk is for you!

Titan T.V.

Day 2/5 Periods 6,7,8 (Mr. Marshall)

Titan TV--- Helloooooo, have you seen Titan TV? TITAN TV, a weekly show that is dedicated to upcoming events, stories, and acknowledgments happening in DMS. As Titan TV continues to grow in popularity and our studio space starts to evolve, we will continue to bring you the top stories that are happening in DMS. Members of the Titan TV must be dedicated to sniffing out a story, collecting the details, finding images to support the story, develop a short paragraph about the event and then be ready to broadcast it to MILLIONS OF PEOPLE!!! If this sounds like you, then sign up for TITAN TV!!!

CO2 Cars

Day 3/6 Periods 6,7 (Mr. Leslie)

Do you want to design, build and race CO2 propelled cars? Do you understand how weight, aerodynamics and rolling resistance affect speed and distance – and your ability to have a winning car? Do you want to learn how to be that winning designer? Are your friends wood, sandpaper, a rasp and paint? Do you think you can help set up a race course to test your cars against others? Cost - \$15.00

Stop Motion Animation

Day 1/4 Periods 6,7 (Mr. Bouliane)

Stop Motion is an animation technique to make a physically manipulated object appear to move on its own. The object is moved in small increments between individually photographed frames, creating the illusion of movement when the series of frames is played as a continuous sequence. In this academy class, you will have the opportunity to create a number of stop motion animation projects using a variety of different objects. Just about anything in your everyday world can be transformed into something extraordinary with a little bit of animation magic and a little bit of creativity.

Prerequisite: Students must have their own digital camera and will be responsible for providing their own objects

Deer Meadow Sports Academy; Programs of Excellence

All Sports Academy students will receive instruction in the area of fitness and nutrition and how they apply to individual needs, while examining the importance of nutrition for optimal health and sport performance.

Hockey A,B

Section A: Day 1/4 Periods 6,7,8 (Mr. Smyth)

Section B: Day 3/6 Periods 6,7,8 (Mr. Smyth)

Hockey players of all ability levels will be challenged to improve their hockey skills through highly active drills with an emphasis on individual skills and tactics (power skating, shooting, passing, defending). Full equipment is required for on-ice sessions (which will run from mid-October through March). Students will be bussed to the arena where they will have on average 3 hours on-ice per week from October through March. Tuition of \$100 will be required.

Basketball Level 1 (Beginner)

Day 1/4 Periods 6,7(Mrs. Dixon)

Students will develop fundamental skills to build the foundation for future success as a basketball player. Classes will be run like an actual basketball practice; fundamental skills (shooting, passing, ball handling, defending, rebounding) will be developed through dynamic active drills that focus on proper technique. Team tactics and strategies will also be introduced.

Basketball Level 2 (Intermediate)

Day 2/5 Periods 6,7 (Ms. Easton)

Students will build on past basketball experience and skills to further their knowledge, understanding, and ability. Fundamentals will be further developed through a focus on team offence and defence.

Soccer A- Advanced

Day 1/4 Periods 6,7,8 (Ms. Baker)

Advanced Soccer is a yearlong commitment for players with previous soccer experience who are dedicated to the sport. We will be progressing throughout the year and will have more access to pitch time and college coaching. The tuition is \$75.00 - this includes 5 trips to the Collicutt Center, 5 indoor soccer clinics with Dave Colley and a minimum of 2 goalie camp sessions in the spring.

Soccer B & C

Section B: Day 2/5 Periods 6,7,8 (Ms. Baker)

Section C: Day 3/6 Periods 6,7,8 (Ms. Baker)

Soccer instruction will focus on theory and practice in passing, control dribbling, shooting, heading, and defending. Fundamental skills, individual tactics, and team systems will be addressed. Focus will be on both indoor and outdoor games if facilities are available. Tuition of \$30 is required - this includes two trips to the Collicutt Center (round trip transportation, pitch fees and 2 clinics with Dave Colley)

Fun & Fit A & B & C & D& E

Section A: Day 2/5 Period 8 (Mr. Clattenburg)

Section B: Day 2/5 Period 8 (Mr. Smyth)

Section C: Day 3/6 Period 8 (Mr. Clattenburg)

Section D: Day 3/6 Period 8 (Mr. Leslie)

Section E: Day 1/4 Period 8 (Mrs. Dixon)

Students that do not have an interest in any of the sport specific Sports Academy choices will enrol in this course. All students must fulfill the Alberta Education requirement that states that students at these grade levels must have instruction in Physical Education. This class will operate like a traditional Physical Education class with a variety of units of study that introduce students to many sports and fitness activities.

Cross Training

Day 1/4 Periods 6,7,8 (Mr. Clattenburg)

Students will journey to the CLC to experience fitness at a higher level! Implements of strength and endurance training will be examined using exercise equipment and the indoor running track. Students will develop and follow personal fitness plans.

Hip Hop Dance

Day 2/5 Periods 6,7 (Mrs. Gilbreath)

Learn how to dance hip hop! Have fun and get a great workout; all while learning the latest dance moves. Previous experience is not necessary; however, you must like to dance!

Stretch & Strength Girls

Day 2/5 Period 8 - Girls Only (Mrs. Dixon)

Day 3/6 Period 8 – Girls Only (Mrs. Dixon)

Increase your flexibility and balance through yoga exercises; increase your core strength with Pilates; increase body strength with calisthenics (using your own body as resistance), and have fun too!

Badminton

Day 3/6 Period 6,7 (Mr. Clattenburg)

Have you ever considered playing badminton? Are you planning on joining the badminton team this year? Why not get a head start on the competition? Students will learn the fundamentals of badminton including the 5 basic shots: Serve, Clear, Smash, Drive, Net. Students will also have the opportunity to learn the rules and gameplay strategy of singles, doubles and mixed doubles badminton.