

# École Deer Meadow School **Chinook's Edge School Division**

Week of Oct 25 - 29, 2021

### Week at a Glance

Oct. 26th - Picture Retakes a.m.

Oct. 26th - Pizza Tuesday

## Parent Reminders

- Parent Council Meeting Nov 1 at 7 pm
- Demographic Updates if not completed
- Doors open for Grades 5 & 7 at 8:30
- Doors open for Grades 6 & 8 at 8:40

#### New Olds School Trustee

We would like to welcome Ward 7's new trustee, Mrs. Kathy Kemmere, to the Olds and Reed Ranch team! We would also like to thank Mrs. Trudy James for her many years of service and dedication to The Meadow, our Olds area and CESD. Trudy you will be missed!

#### A bit about Kathy:

I have a passion for supporting people of all ages, which has led me through 38 years in health care, and supported my drive for better hospice palliative care and bereavement support in rural communities. My husband Al and I have lived northeast of Olds for over 40 years. I was active in schools as our three children attended and graduated school in Olds, and now our grandchildren are attending these same schools. I am excited for my role as Trustee for Olds/Reed Ranch, where my interest and care for people will continue and I can support the system that puts students first and helps create our leaders of tomorrow.

## News from the Meadow

#### Staff Celebrations

Congratulations to some of our staff who are celebrating milestones in Chinook's Edge. Gina Trombley - 10 years, Meaghan Reist and Charlene Kardos - 15 years, Stacey Templeton - 25 years and Wendy Vockeroth - 35 years of service.

#### **Book Fair**

Thank you to all who supported our Book Fair, it was a resounding success which resulted in our library receiving \$3325 of new books.

#### Magic Game

Students will be starting a Magic club on Thursdays at lunch recess. Please see Mrs Cevraini in the library for details.

#### **Academy Information**

Academy course outlines are in the works and will be in your hands soon! However, there is a hockey and conditioning opportunity available through the Olds Grizzlys this year requiring early registration. There are associated costs, so please see our second page below for details and registration information.

> Our Cardboard Haunted House Competition Has Begun!!!



# TRIUMPH SKILLS ACADEMY

# Jr. Academy Grade 7 & 8 SPEED DEMON SKILLS & POWER PLANT PROGRAM

SPEED DEMONS- Success in the modern game of hockey hinges on the ability to read, recognize, react, and execute skill with superior technical precision. However elite players and coaches realize even that is not enough. Speed is a necessity. The Triumph Skills Academy program will help grow a young player's game by exposing them to the most effective techniques and tactics to take their game to the next level. The Speed Demon Skills program is an all-encompassing execution plan for success in today's aggressive, attacking, and fast-paced game of hockey.

POWER PLANT - The Speed Demon Power Plant Off-Ice Training program is a scientifically designed program that will take your athletic skill development and strength and conditioning to the next level. Participants will be blown away by the rapid results the program delivers. Committed athletes can expect to see dramatic changes in both body composition and performance; changes they have never attained with more traditional training programs. Work-outs are quick, exciting, and constantly varied to maximize adaptation; while at the same time safe, effective, and grounded in a scientific-based approach that ensures the participant develops the most important athletic qualities. The Speed Demon Power Plant Off-Ice Training program delivers unique work-outs designed to make you leaner, make you stronger, make you more powerful, make you faster, make you smarter, and help you improve every aspect of your athletic performance.

TECHNICAL PRECISION + SPEED = SKILL ......SPEED DEMON SKILL!

Focus: Hockey Skill, Athletic-Motor Skill,
Athletic-Cognitive Skill & Mental Skill Development

Session 1-Nov 16- Jan 20 (7 weeks)

(Cost -2 days on Ice 1 day Powerplant -\$395 2 days On Ice - \$ 265 1 day PowerPlant - \$132)

Session 2-Feb 8 - Apr 7 (8 weeks)

(Cost -2 days on Ice 1 day Powerplant -\$450 2 days On Ice - \$300 1 day Power Plant - \$150)

Session 3- Apr 26 - June 16 ( 7weeks)

(Cost -3 days PowerPlant -\$395

Ice Times: Tuesday & Thursday

Off Ice Development: Wednesday

(No Academy on Non School Days)

Register at: www.oldsgrizzlysbooster.com