



École Deer Meadow School

Chinook's Edge School Division

Week of Jan 17 - 21, 2022

Week at a Glance

All Week - Spirit Week (see Leaders Leading Section)

Jan. 20th - End of Term 1 Academies

SUPERINTENDENT NEWSLETTER

Please visit [this link](#) to see the January newsletter from Superintendent Kurt Sacher

NEW DAILY CHECKLISTS

Alberta Health has updated their Daily Checklists. Please use [this link](#) to address any symptoms your child may be showing.

If your child is showing any symptoms, please do not send them to school. Please check the daily checklist and call the office with any questions.

LEADERS LEADING

MONDAY - Twin Day

Grab a friend (or friends, max 6) and dress the same. Style your hair the same, wear the same mask, clothes, shoes, etc. Please follow the dress code and be creative.

TUESDAY - Anything But A Backpack Day

Bring anything but a backpack! You can bring a shoe box, a grocery bag...anything as long as it is school appropriate!

*Buy your hat coupons will be sold at lunch Tuesday - \$1

WEDNESDAY - School Color Day

Go Titans!! Support our school with Green and Yellow. Wear any Titans gear you have to show your school spirit. Gym strip counts but please wash it first.

*Order Popsicles (\$1) at lunch Wednesday to support Lung Cancer Awareness, for Friday pick up

THURSDAY - Hat Day

Please support The Children's Hospital with a \$1 donation and permission to wear a hat all day. (Tickets must be purchased on Tuesday at lunch)

FRIDAY - Celebrity Day

Dress up as your favorite celeb! Please be school appropriate and have fun figuring out who your friends dress up as.

ACADEMIES

Please know that Term One academies wrap up on January 20th. Term 2 and 3 sign ups are on January 25 and 26th. Please check the website for updated Academy Course Outlines and Student Planning Sheets the weekend of January 22nd and 23rd and talk with your child(ren) about what they would like to register for.

GRIZZLY JR TRIUMPH ACADEMY

Please see the attached form for prices pertaining to the Grizzly Hockey Academy. Parents wanting to sign students up for Term 2 and/or Term 3 must do so by Jan 21 please.

Registration information is on the poster.

TRIUMPH SKILLS ACADEMY

Jr. Academy Grade 7 & 8

SPEED DEMON SKILLS & POWER PLANT PROGRAM

SPEED DEMONS- Success in the modern game of hockey hinges on the ability to read, recognize, react, and execute skill with superior technical precision. However elite players and coaches realize even that is not enough. Speed is a necessity. The Triumph Skills Academy program will help grow a young player's game by exposing them to the most effective techniques and tactics to take their game to the next level. The Speed Demon Skills program is an all-encompassing execution plan for success in today's aggressive, attacking, and fast-paced game of hockey.

POWER PLANT - The Speed Demon Power Plant Off-Ice Training program is a scientifically designed program that will take your athletic skill development and strength and conditioning to the next level. Participants will be blown away by the rapid results the program delivers. Committed athletes can expect to see dramatic changes in both body composition and performance; changes they have never attained with more traditional training programs. Work-outs are quick, exciting, and constantly varied to maximize adaptation; while at the same time safe, effective, and grounded in a scientific-based approach that ensures the participant develops the most important athletic qualities. The Speed Demon Power Plant Off-Ice Training program delivers unique work-outs designed to make you leaner, make you stronger, make you more powerful, make you faster, make you smarter, and help you improve every aspect of your athletic performance.

TECHNICAL PRECISION + SPEED = SKILLSPEED DEMON SKILL !

Focus: Hockey Skill, Athletic-Motor Skill,
Athletic-Cognitive Skill & Mental Skill Development

Session 1-Nov 16- Jan 20 (7 weeks)

(Cost -2 days onIce 1 day Powerplant -\$395 2 days OnIce - \$ 265 1 day PowerPlant - \$132)

Session 2-Feb 8 - Apr 7 (8 weeks)

(Cost -2 days onIce 1 day Powerplant -\$450 2 days OnIce - \$300 1 day PowerPlant - \$150)

Session 3- Apr 26 - June 16 (7weeks)

(Cost -3 days PowerPlant -\$395)

Ice Times: Tuesday & Thursday

Off Ice Development: Wednesday

(No Academy on Non School Days)

Register at: www.oldsgrizzliesbooster.com



We are currently looking for School bus drivers in all areas. If you are interested in becoming a school bus driver please apply online at www.cesd73.ca under Careers/ Casual Support Staff, by email at transportation@cesd73.ca or by calling our office at 403-227-7072

Chinook's Edge is one of the largest school divisions in the province, serving over 11,000 students in 43 Central Alberta schools between Calgary and Red Deer. Our schools are located in 13 small communities that sprawl east and west from the Highway 2 corridor, conveniently providing Chinook's Edge staff and families with the best of both worlds