



École Deer Meadow School

Chinook's Edge School Division

Sept 15 - 18, 2025

5411 61 Ave, Olds AB, T4H 1T2
(403) 556-1003
deermeadow@cesd73.ca
www.deermeadow.ca

Traffic Safety

With our return to school comes increased traffic, and I wanted to take this opportunity to remind everyone about the importance of **traffic safety**. The safety of our students is our top priority, and we all play a role in making our school zone a safe place for everyone.

We've been talking with our students about some key safety points, and we would greatly appreciate it if you could reinforce these messages at home:

- **Crosswalks are for Crossing:** Please remind your children to always use designated **crosswalks** when crossing the street, and to never dart out into traffic.
- **Stay Clear of Buses:** Our bus loop can get very Busy. It's crucial that students do not walk between parked buses. They should always wait for a bus to depart or use a crosswalk to safely cross the loop.
- **Walk Your Wheels:** To ensure pedestrian safety, we ask that all students on bikes, scooters, or skateboards **dismount and walk their wheels** once they enter school grounds during the busy drop-off and pick-up times. This simple action helps prevent accidents with other students and parents.

We appreciate your partnership in keeping our school community safe. By working together—school staff, parents, and students—we can ensure that our mornings and afternoons are as smooth and secure as possible.

Thank you for your support,

Allan Whitehead

Principal

Coming Up at a Glance

Sept 15: Picture Day

Sept 17: Gr 7/8 Sundre FunRun

Sept 19: No School

Sept 24: Parent Council 7pm

Sept 25: Gr 7/8 XCOUNTRY Division
Run - Sundre

Sept 26: Terry Fox Run

Sept 30: Truth and

Reconciliation Day, No School

Oct 8: Gr 7/8 XCOUNTRY ZONES

Oct 9: Gr 8/9 Innisfail Fun Run

Oct 10: No School

Oct 13: Thanksgiving

Oct 20: No School

Oct 21: Picture ReTakes

Oct 29: Orange Shirt Day

Oct 31: Halloween

Picture Day

is Monday, Sept 15

Send your kiddo's with
their biggest smiles!!!



Athletics News

All Schedules are available at: www.deermeadow.ca/sports

Girls Tryouts: Sept 15 until 5pm

Boys Tryouts: Sept 16 until 5pm

**Cross Country Grade 5, 6, 7, 8 Practices:
Start Sept 9, Tues/Thurs until 4pm**

****We are in need of a Boys Volleyball coach as well as a coach for our Girls A team and one of our B teams.****

Contact Mrs. Clattenburg at EDMS for information.

Notes From The Office

School Fees will be active within the next week or two. You can pay Online OR come into the office.

In order to receive the Text Messages from us for school closures, and important messages, **PLEASE text Yes or Y to 724665.**

Please make sure your student uses their own doors in the mornings, and only come through the office doors if they are late.

You should have received an email with the 2025-2026 Re-Enrollment and Consent Form. **Please fill this out** as soon as you can, as it has our Walking Field Trip permission right in it. Without this filled in, your student can't go for walks off of the school property with their class.

If you have any questions or concerns, please do not hesitate to contact the office at (403) 556-1003.

Grade 7 & 8 Academies Begin October 2nd

Academies get started on October 2nd for our students in grades 7 and 8, and planning has begun by students faced with the tough task of choosing from the great options we have available for our first two terms of Academies. Our Academies program offers a diverse selection of option courses that students will get involved in for 6 weeks during Tuesday and Thursday afternoons. Our areas of focus are:

1. Student Leadership
2. Fine Arts
3. Career and Technology
4. Sports and Recreation

Students will start by planning what their top choices are, and next week they will indicate these in a survey that we use at the school to place them in classes. Parent input is an important part of the success of this process, and we ask that parents of students in grades 7 and 8 review and sign the Academies planning page that your child will fill out. **Parent signatures are a requirement for students to submit their choices.**

Please see the '[Academies](#)' section on our website for information on the classes available.



Grade 6.3
Enjoying
the
sunshine!

Choir starts on Monday!

Any interested students can bring their lunch to the band room at 11:43.

Choir will be at lunch times on Mondays and Thursdays this year.



If you have questions, or need passwords reset, or need more information, please call us. We can walk you through the process, and hopefully make the process easier and not as confusing.

You can email us at deermeadow@cesd73.ca or call us anytime at (403) 556 - 1003, then press 2 to reach the office. Explain that you need PowerSchool help, and we'll get you to the right person.

Parent Council

Parent involvement is so important to our school community and we have been fortunate to have a very involved group of parents here at Deer Meadow. Our council is not an exclusive club, all parents and guardians are automatically full members! Our council performs vital roles in our school, specifically helping with the following:

- Providing parent voice for decision-making.
- Giving feedback on plans and programs.
- Fundraising to provide programs and support to our students.
- Organizing events for our school community.

Parents elect an executive to help organize the efforts of our council, and this will take place at our first meeting. We are also fortunate to connect with our School Board Trustee, Mrs. Kathy Kemmere, who joins us for these meetings.

Everyone is invited! Our first meeting will be held on Wednesday, September 24th from 7:00 - 8:00pm in the Deer Meadow Library. Please don't hesitate to connect with Mr. Whitehead if you have any questions or would like a little more information.

There are changes to the way we engage with parents when sensitive topics are taught in classrooms:

Starting in September 2025, Alberta Education is requiring that all School Divisions, including Chinook's Edge School Division, notify parents about instruction related to subject matter dealing primarily or explicitly with gender identity, sexual orientation or human sexuality.

You can expect that your child's school will provide you with a form appropriate to your child's grade level. This notification provides parents with the option to 'opt in' their child for instruction related to the subject matter.

Please visit the Chinook's Edge website to see the grade level and curricular topics that require you to "opt in".



The EDMS [Terry Fox Run](#) is Sept 26th, and we have 2 favors to ask:

1. Wear **BLACK** to match this years shirt color for the run;
2. Bring a Toonie for Terry!! (Or more, if you'd like!) Every dollar raised goes directly to the Terry Fox Foundation.

If you'd like to purchase Terry Fox Merchandise, you can go to their website, <https://shop.terryfox.org/>. And if you'd like to donate directly to the organization in our name, please click on this link:

<https://tffschools.crowdchange.net/>

EDMS Orange Shirt Day

September 29, 2025

National Truth and Reconciliation Day is on September 30, but as we are not in school that day. Please Wear Your Orange Shirt in solidarity, remembrance and support!!



EVERY CHILD MATTERS

Neighbourhood Suppers

FREE!

Clint's Kitchen



Come and eat, soup's on!

Every Wednesday
5:30 – 7:00 pm

5022 52 st Olds, AB T4H 1G9
(403) 556-8811



Clints Kitchen Olds

@clints.kitchen.olds

An invitation from Clint's Neighborhood Kitchen

Every Wednesday (5:30 – 7:00 PM) a simple meal is offered to ALL people of Olds and surrounding area.

The meal is held in the hall of St. Paul's Lutheran Church (5022 52 St). There is no charge for the meal.

Enjoy fellowship, friendship and get to know your neighbors!

Olds Regional Exhibition Presents:

ALBERTA STANDARD BRED ASSOCIATION

Community Showcase



**September 18th
2025 @ 1pm**

📍 **North Gate by Grandstand**

- Exhibition Races
- Barn Tours
- Free of Charge

*Bring your friends
and family for an
afternoon full of
excitement and fun!*



Sept THE ZONE

Mon	Tue	Wed	Thu	Fri
1 CLOSED	2 Drop in 3-6	3 Art Club 3-6	4 Drop in 3-6 Anime Club 6-8	5 Drop in 3-6 Youth Hang out 6-9
8 Drop in 3-6 Take it easy 3:30-5:30	9 Sports at DMS 3-6	10 Art Club 3-6 A Girls Way 3:30-5:30	11 Drop in 3-6 Anime Club 6-8	12 Drop in 3-6 D&D 6-9
15 Drop in 3-6 Take it easy 3:30-5:30	16 Sports at DMS 3-6	17 Art Club 3-6 A Girls Way 3:30-5:30	18 Drop in 3-6 Anime Club 6-8	19 Safe Walk 9-11 am
22 Drop in 3-6 Take it easy 3:30-5:30	23 Sports at DMS 3-6	24 Art Club 3-6 A Girls Way 3:30-5:30	25 Drop in 3-6 Anime Club 6-8	26 Drop in 3-6 D&D 6-9
29 Drop in 3-6 Take it easy 3:30-5:30	30 CLOSED	1 Art Club 3-6 A Girls Way 3:30-5:30	2 Drop in 3-6 Anime Club 6-8	3 Drop in 3-6 Youth Hang out 6-9

After School Programs

Grades 5+
Snacks are provided

Drop in

Come hang out your way! Play games, listen to music, do crafts, or just chill with friends in a safe and welcoming space.

Art Club

Get creative! Explore painting, drawing, and fun DIY projects while trying out new art styles with friends. No experience needed—just bring your imagination!

Sports at DMS

Learn and play fun new group games each week! Try out different sports, get active, and have a blast with friends.

Courses and Events

Registration is Required

Take it EASY Ages 10-15

Take it EASY is designed to engage youth in fun and engaging small-group activities. The main objective of the program is to foster self-esteem and confidence in Club members.

A Girls Way Ages 11-14

This program will provide pre-teen girls tools on how to stay safe in situations involving friends and relationships. We will also have discussions and participate in activities to build positive self-esteem and confidence as well as explore the importance of making good choices online.

Safe Walk Ages 8-11

An interactive safety program where kids learn how to choose a safe route, what to watch for, and who to go to for help.

After 6 Programs

Grades 6+
Supper is provided as well as snacks.

Anime Club

Love Demon Slayer? Come watch episodes with friends, play anime-inspired games, and join in on awesome themed activities. Snacks, laughs, and all things anime await!

DnD

Adventure awaits! Create your character, roll the dice, and dive into epic quests with friends. Beginners and experienced players welcome!

Youth Hang out

A chill space to relax, play games, listen to music, and connect with friends. Come hang out, grab some snacks, and make it a night to remember!

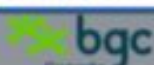
The Zone (4911 51 ave)

If you have any questions or concerns please Contact Kass at Kass@bgcolds.ca

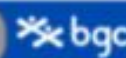
**** you must have parental permissions signed to attend activities in The Zone****



Government of Canada



Mountain View
Library



Orléans Area



THE ZONE

SPORTS CLUB

TUESDAYS 3:00-6:00PM AT DEER
MEADOW SCHOOL GRADES 5+

SOCCER, KICKBALL, FLAG FOOTBALL AND MORE!



Government
of Canada



United Way
Central Alberta



Mountain View
COUNTY



TAKE IT EASY

MONDAYS / 3:30-5:30 / AGES 10-15

Looking for a fun way to relax, connect, and build confidence? Take It EASY is designed just for you! Join small-group activities that are exciting and interactive.



The main goal? To help you boost your self-esteem and grow your confidence while hanging out with friends and trying new things.

THE ZONE

Come have fun, be yourself, and Take It EASY with us!





A Girls Way



STAY SAFE. BE CONFIDENT. CONNECT.

FOR AGES 12 & UP

WEDNESDAYS, 3:30–5:30 P.M.

STARTS SEPTEMBER 10 – ENDS OCTOBER 1



WHAT'S IT ABOUT?
A FUN, SAFE SPACE FOR PRE-TEEN GIRLS TO BUILD CONFIDENCE, MAKE SMART CHOICES, AND STAY SAFE IN FRIENDSHIPS AND ONLINE. CONNECT, PLAY, AND EXPLORE IMPORTANT TOPICS SUCH AS POSITIVE SELF-ESTEEM AND CONFIDENCE WITH GIRLS THE SAME AGE!

THE ZONE



THE ZONE

ART CLUB

Get creative this September
at The Zone! Try clay
molding, DIY faux plants,
custom tote bags, and
plaster art. Bring your
friends, your ideas, and let's
make something awesome
together!

Free to join , just show up
and create!

WEDNESDAYS | 3-6 PM | GRADES 5+

Mountain View Family Resource Network is happy to share programs and events that are happening this fall. We are excited to bring these and more programs to our communities and hope that you feel free to share with your families.

Also check out our web page Mountain View Family Resource Network for more information.

<https://www.mvfrn.ca/>



MOUNTAIN VIEW FAMILY RESOURCE September 2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Online Didsbury Cremona Carstairs Sundre Olds	1 Office closed Labor Day	2 PUP-Sundre Library 9:30-11:30am Mobile HUB- Carstairs 10:00-12:00	3	4 Snuggles n' Stretch- Sundre Library 10:00-11:00	5	6 Walk with Angels - Bowden 1:00- 3:00pm
7	8 PUP-Didsbury DNP 9:30-11:30am Open Play- DNP 9:30-11:30 AM	9 Carstairs Homeschool Huddle 1-2pm Mobile HUB- Olds 10:00-12:00	10	11	12	13
14	15 Open Play- DNP 9:30-11:30 AM	16 Mobile HUB- Sundre 10:00-12:00 PUP-Cremona FCSS 9:30-11:30am Fear-less ZOOM 1:00-3:00	17	18 Snuggles n' Stretch- Sundre Library 10:00-11:00 Mom Tribe-10:00- 11:30 DNP	19 Didsbury Homeschool Hangout-1:00- 2:00pm Lantern Festival- Library 1:00-3pm	20 Ramp it Up!- DAD DAY Olds Skate Park 10:00-12:00
21	22 Open Play- DNP 9:30-11:30 AM	23 PUP-Carstairs Community Hall 9:30-11:30am Fear-less ZOOM 1:00-3:00 Mobile HUB- Cremona 10:00-12:00	24 Gather at the Garden- Carstairs Nature Space 3:45-5:00pm	25 Snuggles n' Stretch- Sundre Library 10:00-11:00 Mom Tribe-10:00- 11:30 DNP	26 PUP-Olds- New Hope Church 9:30-11:30am	27
28	29 Open Play- DNP 9:30-11:30 AM	30 office closed Truth & Reconciliation Day				

To Register for one of our programs go to www.mvfrn.ca
Check out our Facebook page for more information



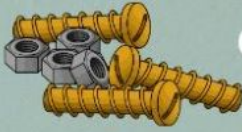
The Scrapyard



Tuesday September 16, 2025

3:15 to 5 pm

Cremona Library (Outside)



- Come explore our collection of scrap materials to build one of a kind forts, obstacle courses, mini golf, and more!
- **Free outdoor program for children ages 7-12**
- Children will be responsible for helping with set up and take down of materials.
- Hot dog and juice box will be provided.



Registration is required!

Register online at www.mvfrn.ca



Spot What Bugs You?

with Art Therapist Christy

Kids (ages 7 to 11 yrs) go on a quest to map out how big emotions can bubble to the surface and explore creative techniques to navigate those emotions (through art therapy).



October 20, 2025

9-3pm *Lunch will be provided*

Located: The Den SYC

(Unit 5, 102 Centre St N Sundre)

REGISTRATION REQUIRED:

Register online at MVFRN.ca

(No school day)



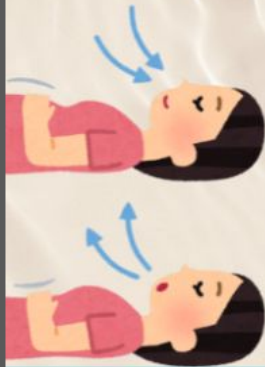
Just Breathe

inhale
exhale

with Art Therapist Christy

(ages 7 to 11 yrs)

Kids will learn art- based tools to calm the body. Breath becomes a tool for emotional balance - inhale courage, exhale fear.



October 4, 2025

10am-12pm

Location: Cremona FCSS (106 1 AVE E)



REGISTRATION REQUIRED

Register online at MVFRN.ca



Fear-less

TRIPLE P
PROGRAM



Every Tuesday
September 16 - October 21
1-3pm
6 week session
Online via Zoom

Are you concerned about your child experiencing anxiety?

Fear-Less Triple P supports parents in understanding anxiety and provides practical strategies for anxiety management that works for children from 6-14.



for every parent

Zoom link provided upon registration

REGISTER ONLINE AT WWW.MVFRN.CA



Unpacking Myths & Misconceptions of Grief:

*A Heartfelt Afternoon with Author
Alanna Knobben*



Are you going through a difficult time after a loss?

Grief isn't just about death — it can follow the end of a relationship, the loss of a job, a shift in identity, or any moment life changes in disruptive ways. Join us for an inspiring and compassionate session with Author, International Speaker and Grief Educator Alanna Knobben as she shares her story and helps us unpack the myths, truths, and healing potential of grief in all its forms.

October 18, 2025

2:00-4:00pm

Didsbury Train Station -1811 20 Street



FREE to Attend
however registration is required at:

www.mvfrn.ca

